Module 7 "Across the Curriculum" Protect Yourself

What will be the theme of our lesson?

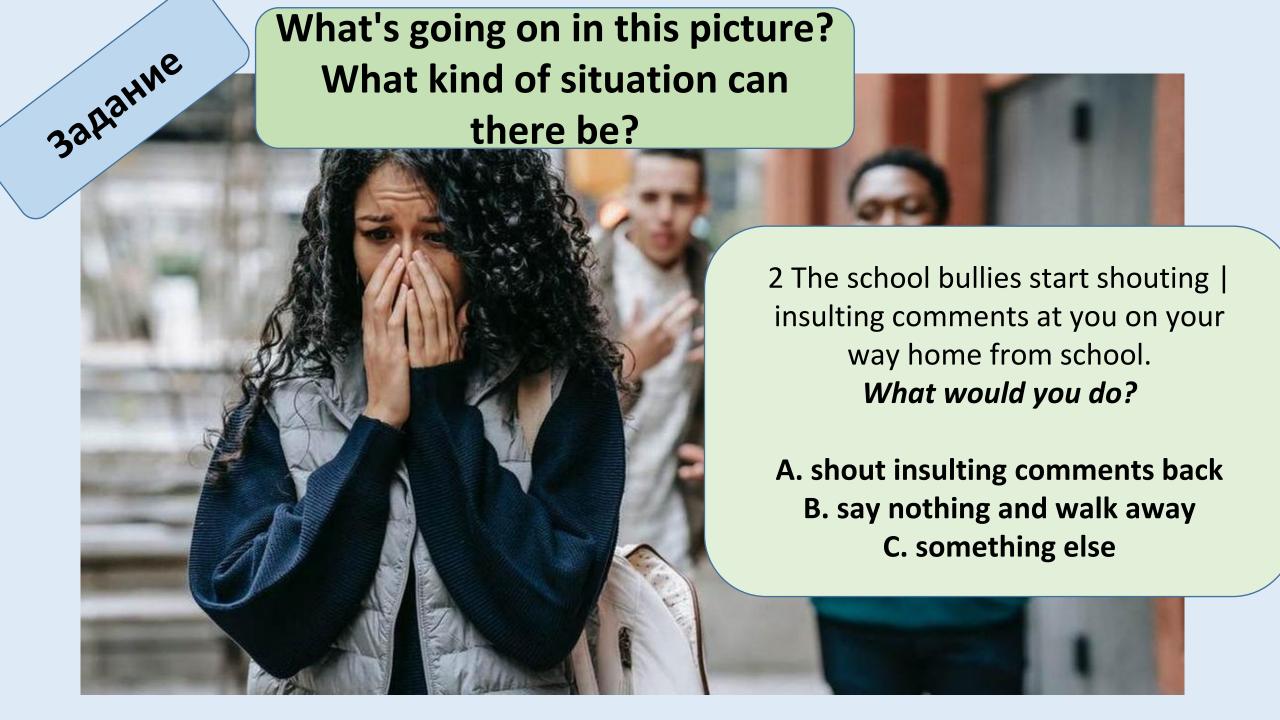
задание



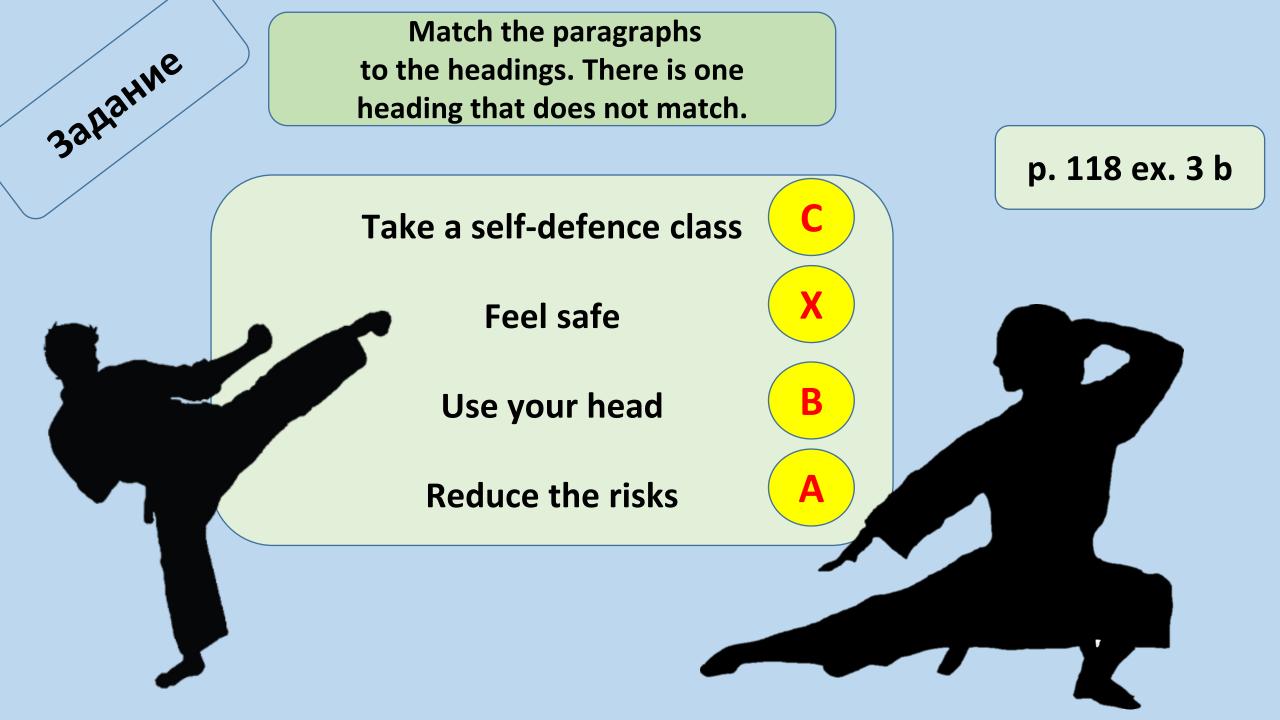
задание

What's going on in this picture? What kind of situation can there be?

You are waiting for a lift, but when it arrives and the doors open, you see that it is empty apart from a man standing in the corner. He makes you feel uneasy. What would you do? A. trust your bad feeling and not get in B. get in anyway C. something else







Vocabulary



in the same way точно также

common

здравый смысл

run up задолжать кому-либо

run away убегать

short cut кратчайший путь

look to надеяться



Find the correct word for each gap.

say you are walking your dog 1) apart/away/aside/ along a lonely road one evening and you suddenly get the reeling that you are being watched. Well, that could be your intuition 2) saying/speaking/telling/talking you that it would be a good idea to get 3) (onto/ back/across/down a busier road as quickly as possible. Also, if you ever do find yourself in a threatening situation, don't do anything that could 4) make/lo/ change/turn the situation worse. If a mugger tries to snatch your bag in the street, for example, give it to him immediately without putting up a fight. If you try to fight or run, the attacker could become violent and you could end 5) for/to/by/up detting hurt. In the same 6) manner/way/style/mode, if a stranger in the street or even someone you know says something insulting to you, don't say something rude back. Just walk away calmly without getting into a fight. Basically, don't take risks!

A First things first, ALWAYS trust your instincts! Let's

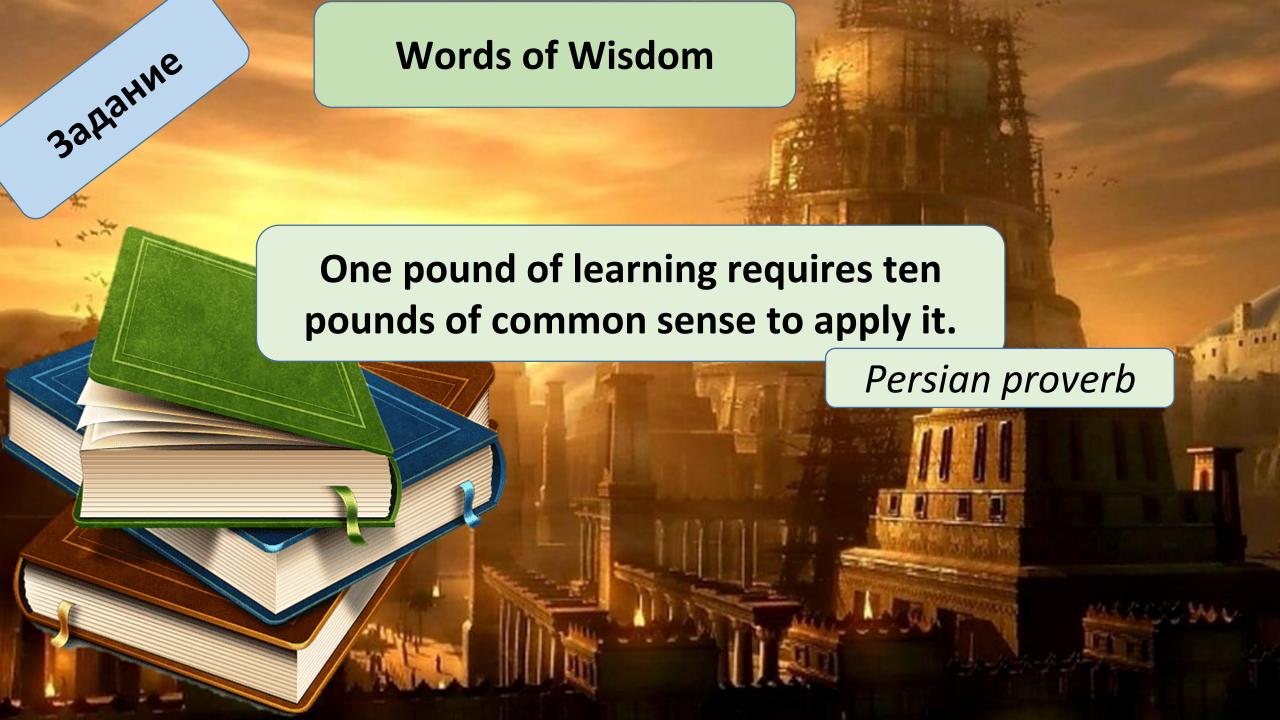
B Avoid a possible attack before it happens by using your common sense! This means always walking in well-lit, busy

7) region (areas/parts/ departments, never taking short cuts through lonely streets, making sure friends and family know where you are and when you will be back and always having your mobile phone with you. Also, don't forget to walk fast and confidently, because attackers usually 8) look for watch out/look to/find out vulnerable targets. Lastly, whenever possible, don't go out alone at night, and if you ever have to travel alone on public transport, always sit near the driver – and stay awake.

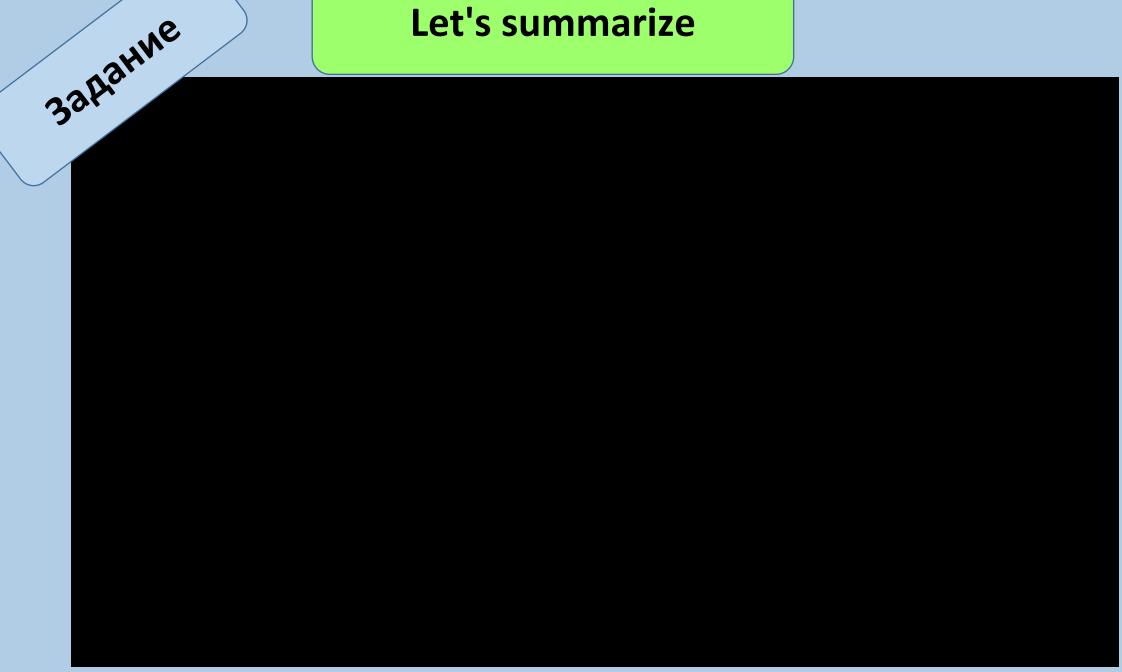
Just beat your attacker with an expert karate kick like the ones you've seen in the movies, poke him or her in the eyes with your keys and run 9) around/up/away/forward! An attacker will usually be ready because they will expect you to do these things. The only answer, then, is to take a self-defence class. A good self-defence instructor will teach you special techniques such as how to surprise your attacker. You will also have time to practise your moves so that you won't panic 10) during/while/through/across an attack – you will know exactly what to do! So, contact your police station or local community centre to find out where you can take a class.

p. 118ex. 3 b





Let's summarize



DOWSHINE 39 HAS

Home work

замкнутое пространство, страх высоты, громко кричать, избегать авиаперелетов, быть на седьмом небе от счастья (идиом.), позеленеть от зависти (идиом.), краснеть до корней волос (идиом.), побороть страх темноты, человеческие чувства, вызвать горных спасателей, сделать ложный вызов, не кладите трубку! сократить употребление жирной пищи, худеть, сесть на диету, начать посещать тренажерный зал, здравый смысл, мясные продукты, не наступать на мокрый пол.

Learn vocabulary by heart and WB p. 73 ex. 7 (picture)

